



SPAIN ✨ PACKING LIST

OUR RECOMMENDED CHECKLIST OF WHAT TO BRING

FELLOW TRAVELLERS: Please follow this list as closely as possible; it will ensure your comfort on the trip and allow us to travel efficiently as a group. Remember, this is not a trip of high fashion and multiple changes of clothes. We will spend some time getting dirty, and need to consider this when packing. We will be traveling via small chartered buses and there is limited room for our baggage. If everyone sticks to the list, we will easily be able to fit our entire amount of luggage in the vehicles and we will ensure our comfort. **Once again, it is imperative that each person be able to carry his or her own luggage.** The airline limit is 50lbs, but we recommend you aim for 35-40 lbs maximum; remember, you'll want to save some space for souvenirs! Remember to **TRAVEL LIGHT!** We will do laundry about every seven days.

IDENTIFICATION AND MONEY:

Please bring a **VALID PASSPORT** and **TWO PHOTOCOPIES** of the passport page where your picture appears. **(PLEASE DON'T FORGET THE PHOTOCOPIES, THEY ARE VERY IMPORTANT!)**

At the suggestion of the U.S. State Department and all airlines, in addition to a **passport**, we are asking that all Global Works participants bring **a signed, notarized note from both legal parents or guardians giving permission for them to travel** as part of a Global Works trip. It is becoming a necessary standard for getting through customs and across borders. If you have booked your airline ticket thru Campbell Travel, you may have already received a form to complete via e-mail. If you booked on your own or have misplaced the form that Campbell Travel sent, we have enclosed another with this mailing. (You may also download one from our website.) **Once the form is completed and notarized, participants should keep it with their carry-on bag on opening day; the home office does NOT need a copy of the completed form.**

Spending money: To satisfy the craven desire for junk food and souvenirs. Most students bring between \$200 to \$300 on the trip...but certainly you can do with less. Global Works pays for meals, admissions, lodging, laundry, etc. Travelers checks and cash work fine, ATM debit cards are also a good choice. **(Remember to account for the strength of the Euro!)**

A money belt (or purse/pouch that crosses over your neck) to hold your money and travelers checks

EQUIPMENT AND CLOTHING

A large backpack or rolling duffel bag for all your gear

A daypack (like a school backpack) for use as an airline carry-on and/or as a day hike bag. This item is important because it will afford you the convenience of keeping valuables close.

Lightweight sleeping bag & stuff sack/compression bag

One bath towel and a washcloth

Some solid, lightweight work/hiking boots/cross trainers. Get them early so you have time to break them in. They will be used for some hikes, but mostly for working on projects—Note: There's no need to get an expensive pair—things like paint can trash them!

A pair of comfortable sneakers/city walking shoes. Teva-type shoes are also good.

A lightweight, WATERPROOF, hooded raincoat that's suitable for hiking and working, and can double as a windbreaker.

Thin Pile or Light Fleece Jacket/Pullover

One or two long sleeve shirts

Four (4) T-shirts--These will get dirty so bring t-shirts of a darker color if you're worried about stains. Global Works will also be giving you a t-shirt at the beginning of the trip.

Two (2) pairs of shorts for play (comfortable enough for hiking) **and two (2) for work**

Three (3) pairs of long pants. One lightweight, quick drying pair for hiking, one warmer pair (jeans, cords, or khakis) for evenings, and one for cooler workdays.



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EQUIPMENT AND CLOTHING (CONT)

- One "nice, but not formal" outfit (you define) in case we have the opportunity to go out for dinner/dancing or somewhere a bit less casual.
- One pair of lightweight pajamas
- Underwear
- Six (6) pairs of socks—a couple pairs should be wool for hiking and working
- Sun hat or baseball cap- very important for our time in the sun!
- 1 Qt./Liter water bottle. Nalgene brand is good. No bike bottles, please.
- 1 bathing suit

OPTIONAL EQUIPMENT AND CLOTHING

- Musical Instrument
- Art Materials (water paints, markers, beads, etc.)
- Power Bars/Harvest Bars
- Travel games/ Cards
- Reading Materials
- An inflatable travel pillow for bus days
- A camel back or Nalgene bottle as a water carrier
- Pens/Pencils
- Shower shoes/thongs
- One bandanna -- for various uses

A NOTE ON COMMUNICATION

There will be a few opportunities for participants to call home. We suggest you bring a little extra money and buy your calling cards in Spain as they are very inexpensive and easy to use.

Cell phones are not advised except for travel days in the U.S. Cell phones should not be used while in Spain. Also, your leaders will not be responsible for the care or loss of your cell phone. Many students will bring a US calling card just for airport days if they are not traveling with a cell phone.

MISCELLANEOUS ITEMS TO PACK:

- A couple of small, inexpensive gifts for your host family and new Spanish friends you will make on the trip. It is a good idea to bring one gift for your "mom," one for your "dad," and a collective gift for the children. Moms love to receive inexpensive kitchen or bath items and specialty items from your hometown; and popular gifts with dads are team T-shirts, hats, music, personalized pens/pins/etc., novelty items (be creative!). We recommend an interactive gift for children, i.e. an activity that you can do with them like puzzles, card games (UNO, Crazy Eights, etc.), arts and crafts, Frisbees, hackysacks, magazines or books.
- Sunglasses & Spare Eyeglasses for Contact Wearers
- One flashlight or headlamp with extra batteries and bulbs
- PHOTOS FROM HOME to share with your homestay family. Photos and postcards of your family and hometown are a great way to 'break the ice' the first evening (and they don't take up a lot of room in your pack or duffel!)
- One pair of leather or canvas work gloves –please initial or label with your name
- Toiletries and a few Zip-lock bags (Ladies, don't forget tampons/pads)
- Bug repellent & an "After-bite" type product, just in case a nasty bug gets through all that protection (Cortaid works well)
- Sunscreen or a sunblock lotion and lip protection.
- Prescriptions (pack these in your carry-on bag)
- A small notebook and a pen (We will provide a group journal)
- Small alarm clock or a watch with an alarm
- A pocket English/Spanish dictionary