

Panama & Costa Rica

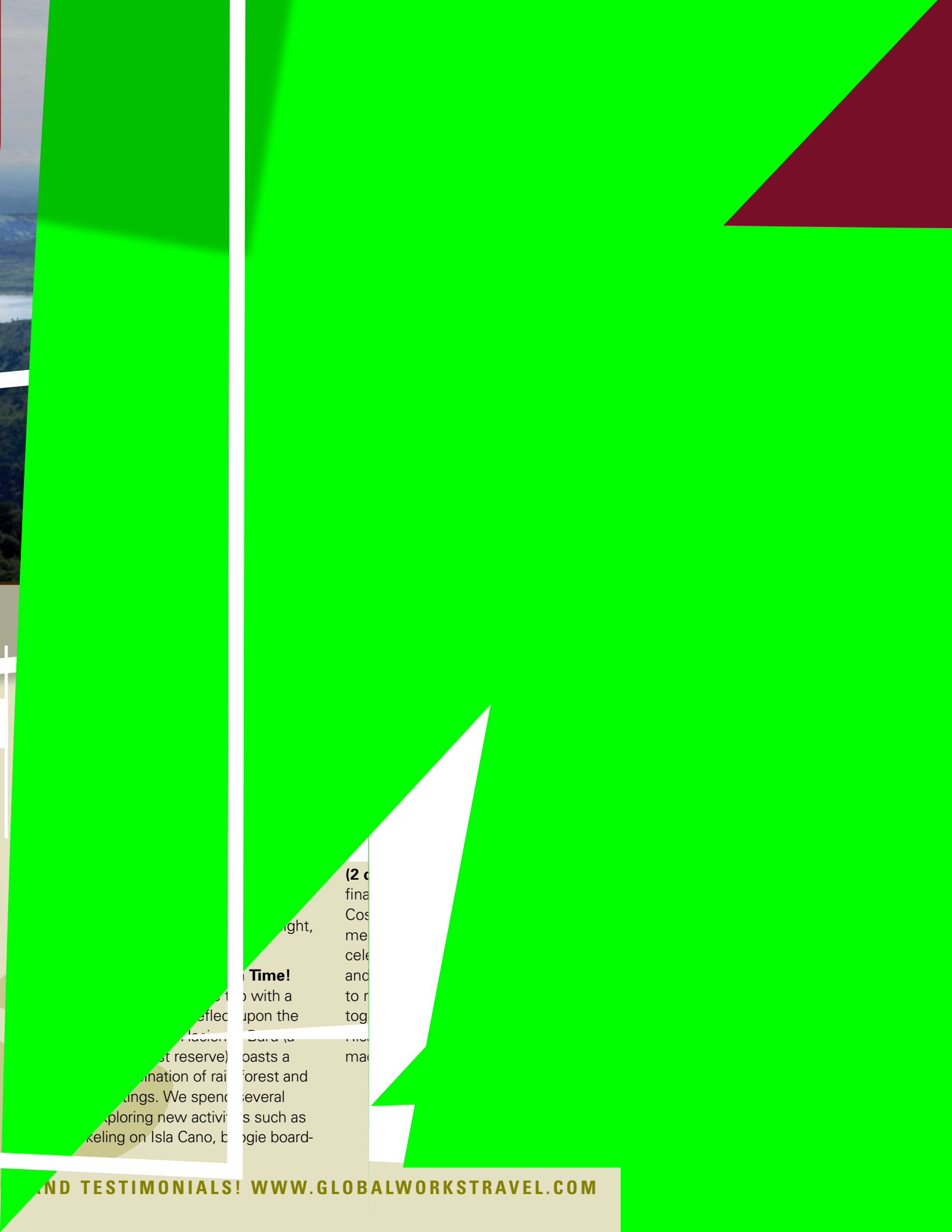
...and rainforest vegetation. Upon completion of our project we will tour the ruins of Panama Viejo, founded in 1519, and learn why Panama was once the metropolis of the Pacific.

Chiriqui Province (5 days) –

A private bus will take us to where the mountains meet the clouds. We

of our day...
to our community service projects in the Pacific Region of Costa Rica. While living and working with local families for 10 days, we will work on projects chosen by the community itself. Typical service projects include:

CHECK OUT OUR WEBSITE FOR MORE IMAGES, INFO...



...night,
Time!
 ...with a
 ...reflected upon the
 ...Bura (a
 ...st reserve) boasts a
 ...mination of rain forest and
 ...ings. We spend several
 ...exploring new activities such as
 ...keling on Isla Cano, b...gie board-

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