



IRELAND ✨ PACKING LIST

OUR RECOMMENDED CHECKLIST OF WHAT TO BRING

FELLOW TRAVELLERS: Please follow this list as closely as possible; it will ensure your comfort on the trip and allow us to travel efficiently as a group. Remember, this is not a trip of high fashion and multiple changes of clothes. Outside of our time in Dublin and Drogheda, we spend most of our time in RURAL areas. We will spend some time getting dirty, and need to consider this when packing. Remember to **TRAVEL LIGHT!** We will do laundry about every seven days. You may also consider packing much of your clothing in ziplock bags as it's a nice way to separate and organize items. **Once again, it is imperative that each person be able to carry his or her own luggage, unassisted, and not pack excessively!**

IDENTIFICATION AND MONEY:

❑ Please bring a **VALID PASSPORT** and **TWO PHOTOCOPIES** of the passport page where your picture appears. **(PLEASE DON'T FORGET THE PHOTOCOPIES, THEY ARE VERY IMPORTANT!)**

❑ At the suggestion of the U.S. State Department and all airlines, in addition to a **passport**, we are asking that all Global Works participants bring **a signed, notarized note from both legal parents or guardians giving permission for them to travel** as part of a Global Works trip. It is becoming a necessary standard for getting through customs and across borders. If you have booked your airline ticket thru Campbell Travel, you may have already received a form to complete via e-mail. If you booked on your own or have misplaced the form that Campbell Travel sent, we have enclosed another with this mailing. (You may also download one from our website.) **Once the form is completed and notarized, participants should keep it with their carry-on bag on opening day; the home office does NOT need a copy of the completed form.**

❑ **Spending money:** To satisfy the craven desire for junk food and souvenirs. Most students bring between \$250 to \$300 on the trip...but certainly you can do with less. Global Works pays for meals, admissions, lodging, laundry, etc. Travelers checks and cash work fine, ATM debit cards are also a good choice. **(Remember to account for the strength of the Euro!)**

❑ **A money belt** (or purse/pouch that crosses over your neck) to hold your money and travelers checks

EQUIPMENT AND CLOTHING

❑ **A Large Backpack, Rolling Duffel Bag or Suitcase w/wheels for all your gear.** You should be able to carry **ALL** your gear, comfortably, without help, for a distance of at least a few blocks.

❑ **A daypack** (like a school backpack) for use as an airline carry-on and/or as a day hike bag. This item is important because it will afford you the convenience of keeping valuables close.

❑ **Sleeping bag & stuff sack/compression bag**

❑ **Two medium size bath towels, and a washcloth**

❑ **Comfortable, lightweight work boots/cross-trainers.** They will be used for some day hikes, but mostly for working on projects—Note: There's no need to get an expensive pair- just be sure they're comfortable and that you don't mind getting them a little dirty.

❑ **A pair of sneakers** (Shoes you would be willing to see muddied and possibly trashed during the trip)

❑ **A pair of lightweight, waterproof sandals or flipflops**

❑ **A lightweight, hooded, WATERPROOF raincoat** that's suitable for hiking and working—it can double as a windbreaker.

❑ **Lightweight Rainpants**

❑ **Thin Pile or Light Fleece Jacket/Pullover (note: fleece helps retain heat even when damp)**

❑ **One top & bottom of polypropylene long underwear** --please, no cotton! Capilene light weight material is a good layering choice.



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EQUIPMENT AND CLOTHING (CON'T)

- Two or Three long sleeve shirts**
- Six (6) T-shirts**—three shirts for work & three shirts to wear when you're all cleaned up. ☺
- Camera w/case, and extra batteries**
(Insure, if expensive) Buy your film in the U.S.- it's much cheaper than buying it in Ireland! If you need to plug in your camera to charge it, you will also need an electrical adapter.
- One pair of shorts** (Ireland is typically not HOT in the summertime)
- One or two "nice, but not formal" outfits** (you define) in case we have the opportunity to go out for dinner/dancing or somewhere a bit less casual.
- One pair of lightweight pajamas**
- Underwear**
- 8-9 pairs of socks**—we recommend a couple be wool for hiking and working.
- One bathing suit**
- Three (3) pairs of long pants.** One or two pairs you can get dirty/splash paint on during project time, and one pair to wear in town/out and about. Keep in mind **jeans do not dry quickly** if we get caught in rain.
- A fleece or wool hat**
- A laundry bag**

OPTIONAL EQUIPMENT AND CLOTHING

- Musical Instrument**
- Art Materials** (water paints, markers, beads, etc.)
- Power Bars/Harvest Bars**
- Travel games/ Cards**
- Reading Materials**
- An inflatable travel pillow for bus days**
- A camel back or Nalgene bottle as a water carrier**
- Pens/Pencils**
- Shower shoes/thongs**

A NOTE ON COMMUNICATION

There will be many opportunities to call home and a few opportunities to e-mail. **We suggest you bring a little extra money and buy your calling cards in Ireland** as they are very inexpensive and easy to use. **Cell phones are not advised except for travel days in the U.S.** Cell phones should **not** be used while in Ireland. Also, your leaders will **not** be responsible for the care or loss of your cell phone. Many students will bring a US calling card just for airport days.

- DON'T FORGET TO PACK The Global Works Contact Card** (you will receive this in our late May /early June mailing). This card lists the Global Works Home Office phone numbers—keep this in your wallet or carry-on bag during travel days in case your connecting flight is delayed or you need to talk with someone in the home office.

MISCELLANEOUS ITEMS TO PACK

- 1 Qt./Liter Water Bottle.** Nalgene brand is good. No bike bottles, please.
- Sunglasses & Spare Eyeglasses for Contact Wearers**
- One flashlight (or headlamp)** with extra batteries and bulb
- PHOTOS OF HOME** to share with your new friends. Photos of your family and postcards of your hometown are a great way to 'break the ice' (and they don't take up a lot of room in your pack or duffle!)
- One or two pairs of work gloves** (please label them with your name or initials!)
- Toiletries, and a few Zip-lock bags** (Ladies, don't forget tampons/pads)
- Bug repellent & an "After-bite" type product, just in case a nasty bug gets through all that protection** (Cortaid works well)
- Prescriptions** (keep these in your carry-on bag)
- A small notebook and a pen** (We will provide a group journal)
- Small alarm clock or a watch with an alarm**