



YUCATAN PENINSULA ☀ PACKING

OUR RECOMMENDED CHECKLIST OF WHAT TO BRING

A Money Belt (or purse/pouch that crosses over

Fellow Travelers: Please refer to this handy packing list for the trip to Mexico. Follow this list as closely as possible; it will ensure your comfort on the trip and allow us to travel efficiently as a group. Remember, this is not a trip of high fashion and multiple changes of clothes. We will spend some time getting dirty, and need to consider this when packing. **Once again, it is imperative that each person be able to carry his or her own luggage.** The airline limit is 50lbs, but we recommend you aim for 35-40 lbs maximum; remember, you'll want to save some space for souvenirs!

Remember to **TRAVEL LIGHT! You'll have to be able to carry everything yourself.**

We will do laundry about every seven days

IDENTIFICATION AND MONEY:

Please bring a **VALID PASSPORT** and **TWO PHOTOCOPIES** of the passport page where your picture appears. **(PLEASE DON'T FORGET THE PHOTOCOPIES, THEY ARE VERY IMPORTANT!)**

At the suggestion of the U.S. State Department and all airlines, in addition to a **passport**, we are asking that all Global Works participants bring **a signed, notarized note from both legal parents or guardians giving permission for them to travel** as part of a Global Works trip. It is becoming a necessary standard for getting through customs and across borders. If you have booked your airline ticket thru Campbell Travel, you may have already received a form to complete via e-mail. If you booked on your own or have misplaced the form that Campbell Travel sent, we have enclosed another with this mailing. (You may also download one from our website.) **Once the form is completed and notarized, participants should keep it with their carry-on bag on opening day; the home office does NOT need a copy of the completed form.**

An additional form of photo identification (other than your passport), if possible

Spending Money: To satisfy the craven desire for junk food and souvenirs. Most students spend \$200 to \$250 during the trip...but certainly, you can do with less. Global Works pays for meals, admissions, lodging, laundry, etc. Travelers' checks work just fine for much of the trip but we recommend that students bring half of their money in cash since some of the small communities cannot cash travelers checks.

MISCELANEOUS ITEMS:

A Large Backpack or Rolling Duffel Bag for all your gear. You should be able to carry ALL your gear, comfortably, without help, for a distance of at least a few blocks.

A daypack/school backpack -- to use as an airline carry-on & day hike & beach bag. This item is important because it will afford you the convenience of keeping valuables close while on the airplane.

1 single bed sheet and a blanket OR a light sleeping bag. (Most nights will be warm enough that only a sheet will be necessary, however, occasionally the nighttime temperature dips into the 60s, so a summer weight sleeping bag or lightweight blanket is a good idea.)

1 beach towel & 1 bath towel

Sunglasses and spare eyeglasses for contact lens wearers

A durable plastic water bottle

Camera with case (insure, if valuable.)
Buy your film in the U.S. and bring extra batteries

A flashlight or headlamp -- with extra batteries.

A small English - Spanish dictionary

PHOTOS FROM HOME to share with your homestay family Photos and postcards of your family



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and hometown are a great way to 'break the ice' the first evening (and they don't take up a lot of room!)

- Small alarm clock or a watch with an alarm**

MISCELANEOUS ITEMS (CON'T):

A couple of small, inexpensive gifts for your host family and the Mexican friends you will make on the trip. Because you will not know the members of your homestay family until a few days into the trip, a good idea is to bring one gift for your "mom," one for your "dad," and a collective gift for the children. Moms love to receive inexpensive kitchen or bath items and specialty items from your hometown; and popular gifts with dads are T-shirts, picture books and baseball caps. We recommend an interactive gift for the children, i.e. an activity that you can do with them like puzzles, card games (Uno, Crazy Eights, etc.), arts and crafts, Frisbees, hackysacks, magazines or books.

OPTIONAL EQUIPMENT AND CLOTHING

- Art Materials (water paints, markers, beads, etc.)**
- Power Bars/Harvest Bars**
- Travel games/ Cards**
- Reading Materials**
- An inflatable travel pillow for bus days**
- A camel back or Nalgene bottle as a water carrier**
- Pens/Pencils**
- Two CDs of your favorite mixed tunes for bus rides and dance exchanges.**
- Shower shoes/thongs**
- A sarong for beach days**

TOILETRIES:

All normal toiletries, a few Zip-lock bags, washcloths, and a laundry bag. (Ladies, don't forget tampons/pads)

Aloe Vera Gel

Sunscreen (A big bottle. You will use it everyday & it should be at least SPF 30) **Sunblock lotion, and some UV protection sunglasses.**

Bug repellent and an "after-bite" type product, just in case a nasty bug finds its way through all of that protection!

CLOTHING

5 work t-shirts, 2 beach-wear shirts

5 pairs of lightweight shorts-- bring 2 for play & 3 for work. Be sure they're comfortable enough for hiking.

1 collared shirt or blouse --lightweight

1 or 2 "nice, but not formal" outfits (~You define~)

1 lightweight pair of long pants & 1 pair of jeans

1 thin fleece or light sweater

Underwear & 6-8 pairs of socks

2 bathing suits

Sneakers or cross-trainers

Teva-type sandals or Aqua socks for walking on rocky coasts and hot, hot sand

Solid, lightweight inexpensive work boots. (Try to "break them in" for comfort prior to the trip.) Boots will be worn while hiking, but mostly while you work on projects—mixing cement, painting, etc. Expect them to be well worn by the time the trip is over.

Inexpensive cotton work gloves (please label)

A light, hooded rain jacket

A hat for protection from the sun



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(Muy Importante!)

PACKING TIPS!

1. Tightly pack your clothing, socks, pajamas, and socks in your zip lock bags to keep things dry and to reduce the bulk.
2. To reduce bulk, combine one pair of shorts and the hiking pants by bringing "zip pants" (pants that have "zip-off" pant legs, turning them into shorts)
3. Your "nice, but not formal" outfit should be included/considered part of your shirt/pant quantities, not extra.

A NOTE ON COMMUNICATION

There will be many opportunities to call home and a few opportunities to e-mail. **We suggest you bring a little extra money and buy your calling cards in Mexico** as they are very inexpensive and easy to use. Cell phones are not advised except for travel days in the U.S. Cell phones should not be used while in Mexico. Also, your leaders will not be responsible for the care or loss of your cell phone. Many students will bring a US calling card just for airport days.

❑ **DON'T FORGET TO PACK** The Global Works Contact Card (you will receive this in our late May /early June mailing). This card lists the Global Works Home Office phone numbers—keep this in your wallet or carry-on bag during travel days in case your connecting flight is delayed or you need to talk with someone in the home office.