

# IMMUNIZATION INFORMATION FOR SPAIN

## Recommended Vaccinations

As with *any* medical recommendation, we strongly suggest you consult your physician to make final decisions about immunizations.

### General Vaccinations

All routine vaccines (such as DTP or Td, Hib, MMR, polio, varicella, influenza and pneumococcal) should be kept up-to-date as a matter of good health practice.

### Hepatitis A

We recommend **active immunization** with Hepatitis A vaccine, such as Havrix, VAQTA or passive immunization with Immune Globulin (IG). The active immunization is preferred, and is usually good for several years. **The CDC states that travelers are considered 'protected' four weeks after receiving the initial vaccine dose.** *Immune Globulin* should be given if the vaccine is administered ***less than four weeks before travel***. This is important, for we will be traveling in rural areas, and we cannot control *all* aspects of food preparation. **PLEASE DO NOT DELAY.**

For more information check out the CDC website:  
<http://www.cdc.gov/ncidod/diseases/hepatitis/a/faq.htm>